

## CHAPTER 7

### “BEING A DISCIPLE OF THE HOLY SPIRIT”

A disciple of the Holy Spirit is an individual who is in submission to the Holy Spirit because he has accepted the Truth of his own being and has agreed to go through the process of surrendering. The point of actual surrender comes when the individual no longer has any choice, because the Spirit has become more and more of the individual and the individual himself has become less and less. When a person surrenders to the Spirit, that person, in effect, becomes a personification of the Spirit. So it is the Spirit that is the Light of the world, individualizing and expressing that Light as the individual. It is the Spirit who lives in the world, fulfills human needs, and who is the Divine Companion and enters into Holy Communion with all who can accept it. When this exchange occurs, the individual instantly enters into a state of grace in which his mind is cleansed, his heart purified and his physical body transformed. Total Self-Realization occurs when the Spirit has entered into and completely transformed the individual, so that there is no longer any experience of duality and the individual has become Spirit in expression on all levels of his being.

This is why a disciple who accepts a guru or a master experiences rapid growth and development because he enters into a state of grace personified by the master. As we surrender more and more of ourselves to the Spirit (whether personified by the master or not), we discover that the Spirit demands our total surrender. When we do completely surrender to the Spirit, not only do we enter into a state of grace, but we enter into a state of glory. We give up our minds, hearts and bodies, and in return, the Spirit gives us Its kingdom. We discover that everything good we have surrendered is ours again, infinitely multiplied and enhanced. We find that whatever we ask for is ours already. Not only do we enter into grace and glory, but we become members of God's kingdom and find that now we can relax and be our true selves, because all of the work, effort and struggle is over. Now in our daily activities we begin really to accept that there is only one Reality, and that wherever we are, this is It. We learn to relax and to just let ourselves move from within, not as a fixed identity, but as a movement of consciousness. Yet, the Spirit does not leave a void; when It removes false beliefs from us, It leaves Itself in their place. When all of the falsehoods and illusions are cleansed and cleared from our consciousness, that which remains is the Truth. It is the Holy Spirit which teaches us all things, and we learn all that we need to know through Love.

No longer do we struggle to know. No longer do we strive to understand. No longer do we wish we could love. For now, Love has become the experience of the Holy Light as ourselves. Love is total wisdom, releasing all of the contents of the mind that are not a part of the true nature of the mind. Love is total forgiveness, releasing all of the emotions that are not a part of our true feeling nature. Love is total cleansing, strengthening and renewing of our physical nature.

Now we are free from bondage to the contents of our consciousness. We see now that life is really the expression and manifestation of Love. Love is the dynamic, unifying Presence in the universe. We begin to flow more and more with this Presence. Our capacity to accept Love in ourselves, as ourselves and as all things greatly increases. It doesn't make any difference where we go or what happens to us because we are in love with everyone we meet. Not only that; everyone and everything is in love with us.

This is why our spiritual teachers were not unduly concerned about our subconscious mind, our concepts, desires or past experiences. All of these things are illusions when seen through the eyes of Love. All there is is Love. We need no longer submit to the human condition

of duality, pain, illness or poverty, because we know that this condition is not real, and we learn to lie in the reality of Love move and move. Through grace, the total gift and giving of God, we are able to surrender completely to the reality.